

DOSAGE OF MEDICINE

For adults	4 pills/tablets at a time, 4 times a day, direct on tongue
For child between 1-5 years of age	2 pills/tablets at a time, 4 times a day, direct on tongue
For child below 1 year of age	1 pill/tablet at a time, 4 times a day, in 1 teaspoon of clean drinking water (Boiled and cooled)

GENERAL INSTRUCTIONS

- Only one medicine should be prescribed at a time, for a particular disease, solely on the basis of the prescribing symptoms indicated for the medicine.

- The patient should be advised that:
 - Medicine should be taken after cleaning the mouth and preferably on an empty stomach.
 - Do not take anything orally within a gap of 30 minutes before and after taking the medicine.
 - Stimulants and strong smelling substances such as coffee, tobacco (also smoking), alcohol, etc. should be avoided while taking homoeopathic medicines.
 - Keep the medicines:
 - o Away from the strong smelling substances like camphor, menthol, etc.
 - o In a cool, dry place away from direct exposure to sunlight and /or moisture.
 - o Away from the reach of the children.



CHECK YOUR PROGRESS

1. What is weaning?

2. Identify foods rich in

Vitamin A-----

Iron-----

Proteins-----

Calcium-----

3. How does deficiency of vitamin B₄ present itself?

4. What is night blindness? How can it be prevented ?

5. What general management should be advised to a pregnant female to avoid pregnancy related dentition complaints ?

6. What are the common complaints associated with teething in children ?

7. List the complaints for which a pregnant lady may be screened ?

8. What is ABC of resuscitation ?

9. How does one check for circulation in an injured limb ?

10. List the first aid measures for minor bleeding from nose.
